



NORTHWEST COUNSEL

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Bryce Wilson, MA, LMHC, LMFT, BCPC

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www.northwestcounsel.com

253-446-7176

Notice of Private Practices and Counselor's Disclosure

License:

Washington State Licensed Mental Health Counselor, #LH00010388

Washington State Licensed Marriage and Family Therapist, #LF60206020

Board Certified Professional Counselor through the American Psychotherapy Association

Education/Experience:

Bryce received his Master's of Counseling Psychology from Mars Hill Graduate School in Seattle, WA in 2004. He has been practicing with adults, marriages, adolescents, and families since 2004 both in private practice and community agencies. He earned his license as a Mental Health Counselor in 2006 and his license as a Marriage and Family therapist in 2013. Before his Master's degree, he received his Bachelor of Arts degree University of Washington in 2001. He also received counseling training and experience through the Stephen Ministries, a care-based lay-person counseling program, in Seattle, WA between 2000 and 2002.

Affiliations/Memberships:

American Psychotherapy Association

American Counseling Association

American Association of Marriage and Family Therapy

International Association of Marriage and Family Counselors

Association for Spiritual, Ethical, and Religious Values in Counseling

Association for Counselor Education and Supervision

Therapeutic Philosophy/Methods:

Bryce's therapeutic framework is Relational. He also includes psychodynamic, object relations, and existential modes of therapy. He is also trained in and may incorporate aspects of Dialectical Behavioral Therapy (DBT) and Cognitive Behavioral Therapy (CBT) treatments, including Trauma Focused CBT as part of his strategies with clients who have immediate needs met through behavior change and coaching. All modes and techniques used are done when applicable and in collaboration with the client for the purposes to meet specific needs for the client.

Insurance/Rates/Payment:

Bryce is in-network with most major insurance companies and is happy to process your claims on your behalf. If paying by cash, Bryce's rate for individual counseling are \$130 per session. Couples counseling is \$160 per session. Sessions typically last for 45-53 minutes. Payment is due at the end of each session by cash, check or Visa/Mastercard/Discover/AmEx.

If the client needs to cancel or reschedule the appointment, it needs to be done within 24 hours of the appointment to allow me time to fill it with another client. If not cancelled within that time frame, the client and/or payee may be charged the full amount of the session unless s/he can reschedule later in the same business week.

Per financial policy, it is also be required that the client will keep an active credit/debit card on file to account for any client responsibility for insurance deductible, co-insurance, or late-notice cancellation fees.

It is your responsibility to check with your insurance carrier if Bryce is an in-network provider with your insurance company before we start service. If he is not a provider with your insurance company, you may also check with them if they have a reimbursement policy as many insurance companies are willing to partially reimburse you for counseling services with an "out-of-network" provider. Bryce is happy to fill out any paperwork with you that your insurance company may require.

Appointments/Follow-up appointments

Appointments start on the hour. Please show up on time to your appointment. A grace period of 20 minutes past your appointment time is allotted. After that, the appointment will not be kept and you will be charged for the missed appointment. Appointments end on time as well, typically 45-53 minutes past the hour.

Appointments are generally made on a regular, weekly basis. Appointment times are not automatically held open for you from week to week unless it is agreed upon with Bryce. If not agreed upon, it is your responsibility to reschedule at the end of a session. You may schedule multiple appointments in advance if you wish.

An important element of counseling with Bryce is thoroughness in treatment. Bryce may follow-up with you either via email or phone to give additional insights or work items throughout the week. By signing this agreement you understand and agree to this level of care. This may be reflected in the billing of sessions. If you wish for less contact please inform Bryce.

Confidentiality

There is a legal privilege in this state protecting the confidentiality of the information that you share with me. As a professional, Bryce assures you that he strives to maintain the strictest ethical standards of confidentiality.

There are legal exceptions to confidentiality. The following situations are those in which the information you have shared with me may be shared with others.

- 1) The client gives written permission to share confidential information.
- 2) Anything that suggests a crime or harmful act towards yourself or to others.
- 3) If the client is a minor, and there is indication that she/he was the victim or subject of a crime.
- 4) The client brings charges against the counselor.
- 5) In response to a subpoena.
- 6) As required under chapter 26.44 RCW.

When it is possible, we will discuss any exceptions to confidentiality as they arise.

Consultations

Bryce periodically consults with other professionals regarding clients with whom he is working. This allows him to gain other perspectives and ideas as to how to best help you reach your goals. These consultations are obtained in such a way that confidentiality is maintained.

Legal Disclaimer

Counselors practicing for a fee must be registered or licensed with Department of Licensing for protection of the public health and safety. Registration of an individual does not include recognition of any practice standards, nor necessarily implies effectiveness of treatment. (WAC 246-810-030, WAC 246-810-031). The Counselor Credential Act is to provide protection for public health and safety and to empower the citizens of the state of Washington by providing a complaint process against those counselors who commit acts of unprofessional conduct.

Unprofessional Conduct

The brochure called "Counseling or Hypnotherapy Clients" lists ways in which counselors may work in an unprofessional manner. If you suspect that my conduct has been unprofessional in any way, please contact the Department of Health at the following address and phone number:

Department of Health, Counselor Programs
P.O. Box 47869
Olympia, WA 98504-7869
360-664-9098

Contacting Bryce by Phone and/or email

You may reach Bryce's voice mail line at, which he checks regularly at 253-441-8807. Please limit your phone conversation needs to appointment scheduling and emergencies. You may also reach me by email at bwilson@northwestcounsel.com. Also, please limit these contacts to appointment scheduling. Further info can be found at www.northwestcounsel.com.

Emergencies

If you are in an emergency and cannot reach me, please call one of the following numbers for help:

General Emergencies: 911
Crisis Service Line: 253-922-4035
Pierce County Crisis Line at 800-576-7764

I have received and understand my rights as a client. I have received and understand this Disclosure Statement and have been provided an opportunity to review and ask questions.

Client Name (Please Print): _____

Client Signature: _____ Date: _____